



VISITING NURSE ASSOCIATION
OF SOUTH CENTRAL CONNECTICUT, INC.
www.vnascc.org

CAN HOME CARE HELP?

Did you know that only 30% of the people who need home care actually receive home care? If you could answer Yes to any of the following you may benefit from home care.



	YES	NO
Do you have a new medical diagnosis or problem?		
Have you recently returned from the hospital? Have you recently had surgery? If so, do you have a need for physical therapy?		
Do you take several medications daily? Are you taking a new medication or has there been a change to your medications?		
Do you have unexplained weight loss or weight gain of 5 pounds or more in one week?		
Do you have chronic condition(s) such as a bad heart, high blood pressure, diabetes, sugar problems or cancer? Do you have wounds, tubes, drains, or special treatments that require specialized care?		
Do you have difficulty taking a bath, dressing, or getting around by yourself?		
Do you get shortness of breath while doing things around the house?		
Do you have depression, anxiety or social issues?		
Do you need help around the house? (cleaning, laundry, housekeeping)		

Medicare, Medicaid, and most private insurance plans have a home care benefit and some of the services that are needed may be covered by health insurance. For more information, call 203.859.6070 to speak to one of our nurses.