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News Release

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Geriatric Care Management: A New Service from CareSource

Caring for an aging family member can seem like a full time job, making it a significant challenge for many. To help those in this situation, *CareSource*, the Orange, CT based private duty affiliate of the VNA of South Central CT (VNA/SCC), is pleased to announce the addition of a Geriatric Care Manager to their staff. Phyllis Boynton, RN, MPH, CCM, CLNC, will provide guidance, assessment and offer recommendations to elders and their families as they navigate through the ever changing and confusing health care world. Families can contract for these services through *CareSource* and will receive an on-site assessment, a list of short and long-term care needs and customized recommendations. Ms. Boynton will also be speaking at public settings to further explain the benefits of Geriatric Care Management.

“Geriatric Care Management services can be instrumental in creating a workable plan to support an elder or a couple continuing to reside safely in their own home,” stated Janice Civitello, RN, Administrator of *CareSource*. She added, “Often times family members will call on a Geriatric Care Manager to check on an aging parent when they are out of town or if they live out of state.”

Geriatric Care Management services have become more popular over the years because of the growing stress and frustration families are experiencing in dealing with an increasingly complex health care system to support an aging parent. They can be the solution to a family that is in disagreement over the best plan of care. “We’ve seen families call on a Geriatric Care Manager to keep the peace,” Civitello commented. “I pride myself in helping people navigate through the health care system by making smart and sensible choices that are their best interest,” Ms. Boynton added.

Geriatric Care Management assistance is recommended for any elder who has experienced multiple falls, unplanned and frequent emergency room visits, changes in short-term memory, changes in behavior and/or personality, financial problems- including unpaid or over due bills, poor personal care habits, improper medication management and loss of bladder or bowel function. Any senior who has experienced any or all of the above instances can benefit from the support and guidance of a Geriatric Care Manager so that they can improve their current situation and thrive.

CareSource, Inc. is CHAP accredited and has been providing peace of mind for families in the Greater New Haven area for 15 years. The agency offers private duty nursing services, RN’s, LPN’s, nurses’ aides, homemakers, companions and live-in aides to individuals and families who need assistance taking care of loved ones. For more information on *CareSource Inc.*, visit www.caresourceinc.org or call them at 203.891.8270. ###