



VISITING NURSE ASSOCIATION
OF SOUTH CENTRAL CONNECTICUT, INC.

- **Nurturing Families Network** assists first-time parents and their babies (pre-natal to age five) in making a positive start in life through support and parenting skills education. This state-funded program is available for Valley, Bethany, East Haven, Hamden, Milford, Orange, Stratford, Trumbull, West Haven, and Woodbridge first-time parents.
 - a. <http://www.ct.gov/ctf> for more information on NFN
 - b. Our service area covers Ansonia, Beacon Falls, Bethany, Derby, East Haven, Hamden, Milford, Naugatuck, Orange, Oxford, Seymour, Shelton, Stratford, Trumbull, West Haven, and Woodbridge
 - c. For more information of this program please contact Pam Lorenzo at 203.859.6059

SCROLL DOWN TO VIEW OUR NURTURING FAMILIES BROCHURE

Are you a first time parent?

Our trained staff understands:

- Becoming a first time parent can be exciting and stressful
- New families can use extra help and support
- Immediate needs such as food, housing and transportation must be addressed
- Positive thinking and a nurturing environment are the keys to you and your baby's success.



We Can Help

Our Nurturing Families Network serves the following towns:

- Ansonia
- Beacon Falls
- Bethany
- Derby
- East Haven
- Hamden
- Milford
- Naugatuck
- Orange
- Oxford
- Seymour
- Shelton
- Stratford
- Trumbull
- West Haven
- Woodbridge



Nurturing Families Network
203-777-5521
www.vnascc.org

*A community program provided by of the
VNA/SCC.*

Your first baby? Now what...



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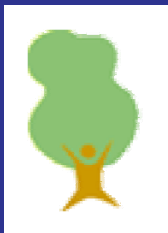
**Free services to help
first time parents.**

***Nurturing Families
Network***

Nurturing Families Network

Our mission is to work in partnership with first time parents facing the challenges of parenthood by enhancing their strengths, providing education and creating community connections.

A program of the Children's Trust Fund



Ways we can help you:

Telephone Support

Our trained experts will provide you with all the vital healthcare and childcare information you will need prior to the birth of your baby. Once your baby is born, we will continue to provide ongoing contact and support.



Parenting Groups

Nurturing Parenting Groups are open to all parents of babies to be and those from age birth to five in our service area. The groups focus on improving parenting skills, child development, and teaching activities that will promote the healthy growth of your child.

Working as a team, group members provide support and understanding to other families.

Home Visiting

Our staff provides pregnancy and parenting information on child development, health care, accident prevention and additional help.

We link parents with a network of community resources that will help empower the entire family.

Specially trained home visitors help ease the transition new parents may face through education, encouragement and practical information.



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