



VISITING NURSE ASSOCIATION
SOUTH CENTRAL CONNECTICUT INC.

News Release

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For Immediate Release

The VNA of South Central CT Encourages the Public to Get Flu Vaccine

New Haven, CT (October 12, 2011) – The Visiting Nurse Association of South Central Connecticut (VNA/SCC) supports the CDC’s recommendation that everyone six months and older receive a flu vaccine as flu season is quickly approaching. In the United States, influenza season usually begins in October and can last until May. To make it easy to receive the vaccine from a Registered Nurse or Licensed Practical Nurse, the VNA/SCC is offering two flu clinics to the public.

Wednesday, Oct. 26th, 9:30 am – 11 am

Oakdale Theatre
95 South Turnpike Road, Wallingford, CT

Thursday, Nov. 3rd, 9 am – 10:30 am

VNA’s Community Room
1 Long Wharf Drive, 5th Floor, New Haven, CT

“Individuals who meet the CDC guidelines should get vaccinated in order to prevent themselves and their loved ones from contracting the flu,” said John Quinn, President & CEO of VNA Health Systems. “Although many pharmacies offer the flu vaccine, we recommend that the public receive their vaccine from a professionally trained nurse from the VNA.”

The CDC states that the 2011-2012 flu vaccine will protect against the three influenza viruses that research indicates will be most common during the season. This includes an influenza A (H1N1) virus, an influenza A (H3N2) virus, and an influenza B virus.

The vaccine available at the VNA/SCC clinic is appropriate for individuals aged nine and older. Registration is not required.

The following insurances are accepted: Aetna, Blue Cross & Blue Shield, ConnectiCare, and Medicare B. The cost of the vaccine for those who do not have one of the previously mentioned insurances is \$30.

About VNA Health Systems

VNA Health Systems is comprised of the Visiting Nurse Association of South Central Connecticut (VNA/SCC) and *CareSource*, Inc.

Founded in 1904, the VNA/SCC, which is the original VNA of New Haven, Milford and the Valley, is a state licensed, non-profit, community-based home health care agency. The VNA/SCC staff consists of highly skilled nurses, therapists, medical social workers and home health aides. A vital resource to the communities it serves, the VNA/SCC provides a wide range of specialized clinical services, community programs, the Nurturing Families Network and subsidized care, through United Way funding, to those who are in need. The agency employs over 230 staff members, has an average daily census of over 1,000 patients and makes over 170,000 home visits per year. The agency is the founder of the *Nightingale Awards for Excellence in Nursing*. The VNA/SCC is supported in part by The Community Foundation for Greater New Haven, local United Way organizations, corporate sponsors and individual donors. To learn more about the VNA/SCC visit www.vnascc.org.

CareSource strives to maximize the quality of life for its clients and their caregivers in the home and health care settings. Their services include homemakers, companions and live-in aides. To learn more about *CareSource* visit www.caresourceinc.org.

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