



VISITING NURSE ASSOCIATION
OF SOUTH CENTRAL CONNECTICUT, INC.

News Release

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For Immediate Release

VNA Health Systems Announces Susan Shellard, OT Joins the VNA of South Central CT's Professional Advisory Committee

New Haven, CT (Jan. 27, 2010) – VNA Health Systems announces that Branford resident Susan Shellard, OTR/L, MPA, was elected to the Professional Advisory Committee for the Visiting Nurse Association of South Central Connecticut (VNA/SCC). This committee, which functions as an advisory committee to the Board of Directors, advises VNA/SCC on clinical service and practice issues.

Shellard is the Administrative Director of the Rehabilitation Services for the Access Rehab Centers Inc. and is assigned to the Griffin Hospital, which is nationally recognized for its Planetree model of care that emphasizes patient-centered care in a healing environment. She has over 20 years of experience with all health market players including: consumers, providers, insurers, managed care and employers.

Additionally, she is the founder of Shellard Group Inc., marketing and communication services for health industry clients. She has also been published for her work including: *Managing Prescription Drug Benefits*, *Managing Drug Benefits for Older Beneficiaries*, *Drug Benefits and Medicaid Managed Care*, and *Pharmaceutical Conference Highlights*. Shellard attended New York University in New York, New York, where she received a Master of Public Administration and a Bachelor of Science. Shellard is a member of the American College of Health Care Executives and has earned her green belt in Six Sigma.

About VNA Health Systems

VNA Health Systems is comprised of the Visiting Nurse Association of South Central Connecticut (VNA/SCC) and CareSource, Inc.

Founded in 1904, the VNA/SCC, the original VNA of New Haven, Milford and the Valley, is a state licensed, non-profit, community based home health care agency. The VNA/SCC staff consists of highly skilled nurses, therapists, medical social workers and home health aides. A vital resource to the communities it serves, the VNA/SCC provides a wide range of specialized clinical services, community programs, the Nurturing Families Network and subsidized care to those who are in need. The agency employs over 240 staff members, has an average daily census of over 1,000 patients and makes over 150,000 home visits per year. The agency is the founder of the *Nightingale Awards for Excellence in Nursing*. The VNA/SCC is supported in part by The Community Foundation for Greater New Haven, local United Way organizations, corporate sponsors and individual donors.

CareSource strives to maximize the quality of life for its clients and their caregivers in the home and health care settings. Their services include private duty nursing, homemakers, companions and live-in home health aides. Both VNA/SCC and CareSource are CHAP (Community Health Accreditation Program) accredited. To learn more about the organizations, log onto www.vnascc.org or www.caresourceinc.org. To view quality information about VNA/SCC, as reported by Medicare, log onto www.medicare.gov and click on the link: Compare Home Care Agencies.

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